

## Bible Lessons for Children

Learning to Know the Triune God through His Holy Word

### Preschool Lesson Ninety-one: Deborah & Barak

- Overview** Bible Facts & Songs: Songs about the Bible and the Judges  
Bible Reading & Discussion: Judges 4:1-10, 12-16, 23; Hebrews 13:32-34  
Bible Memory & Craft: Verses about Salvation  
Learning Objectives: (1) The people of Israel did evil. (2) The Lord sold Israel to Canaan. (3) After 20 years God used Barak to subdue Canaan. (4) Barak acted through faith.
- Opening** Get students' attention by using a pre-planned silence signal.  
Have students sit in rows or a semi-circle facing you.  
Open in prayer asking God's blessing upon the time.
- Bible Facts** 5-10 minutes Materials: Song visuals &/or props as needed  
Strategies: Sing It with Hand &/or Body Motions as appropriate  
Instructions: Lead students to sing songs about the Bible & the Judges. Spend some time discussing the meaning of new songs. Encourage students to think about what they are singing. Ask students to help lead songs, including actions and visuals as appropriate.
- Bible Reading** 15 minutes Materials: Bibles for students to use  
Strategies: Character Cues  
Scripture: Judges 4:1-10, 12-16, 23; Hebrews 13:32-34  
Instructions: Have students sit at tables. Leader reads expressively while students change position depending on who is speaking. The leader should prepare ahead by marking the passage according to who is speaking. To help students to follow who is speaking, leader should say "Name said" instead of reading a pronoun. Leader should pause often to give students time to respond.  
*Deborah – girls stand*  
*Barak – boys stand*
- Bible Discussion** 10 minutes Materials: Beanbag, word poster #1  
Strategy: Beanbag Toss  
Instructions: Have students sit in a fellowship circle. The leader asks a question and then tosses a beanbag to someone who must either answer the question or toss the beanbag to someone else. When the question has been answered, the beanbag is tossed back to the leader.  
Questions:  
➤ After Ehud died, the people did *blank* in the sight of the Lord. (Evil)  
➤ The Lord sold them into the hand of Jabin king of *blank*. (Canaan)  
➤ How long were the people of Israel oppressed by Jabin? (20 years)  
➤ Deborah summoned Barak to obey God's command to gather 10,000 men at Mount Tabor. Barak said that he would only go if Deborah did what? (Went with him)  
➤ Deborah said, "Up! For this is the day in which the Lord has given Sisera into your hand. Does not the *blank* go out before you? (Lord)  
➤ Who "routed Sisera and all his chariots and all his army?" (The Lord)  
➤ According to Hebrews, Barak acted "through *blank*." (Faith)
- Show students the word poster and have them act out the words: God is...Creator, Omnipotent, Omniscient, Merciful, Righteous, Just, Creator of Nations, God is in control, Long-suffering, Glorious, Deliverer, Savior, All-seeing, Faithful, Judge, Provider, Prayer Answerer, Sovereign, Gracious, Way to Heaven, Protector, Promise Keeper, Success maker, King of kings, Holy, Law maker, Skill instiller, Guide, Victory giver, Truth, Rest provider
- Tell students that in this lesson we see God as the "Victory giver." Have students repeat the word and use their two fingers to make a "v" for victory.

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**Group Prayer** Through prayer, praise God for Who He is, listing His attributes.

**Bible Memory** Transitional Thought: In Hebrews, Barak is listed as one who acted “through faith.” It is through faith in Jesus Christ that sinners are justified (counted righteous).  
10-15 minutes

Materials: White board with markers and eraser

Strategy: Hand Motions

Instructions: Have students sit in a semi-circle or rows facing a white board with the following passage written on it:

*Verse: “for all have sinned...and are justified by his grace as a gift, through...Christ Jesus...to be received by faith.” Romans 3:23-25*

Simple hand motions are chosen to represent most words in the passage. Students repeat the passage a few times using words and hand motions. Students then repeat the passage leaving out the words that have hand motions. Next students repeat the passage using hand motions and words from memory.

**Bible Craft** Materials: Red transparent plastic cups/cellophane/transparency..., red colored pencil, paper, sample project  
As time allows

Activity: Magic hearts

Instructions: Have students sit at tables. Give each student a heart cut out of white paper. On the heart have student copy in red pencil, “All sin.” Give each student red, transparent plastic. Have students look through the plastic at the heart. Do the words disappear? (They should if the pencil and the plastic are close enough to the same color.) Discuss “justification.” God sees His children through the blood of Christ, counting them righteous.

**Closing** Have students assist with clean-up.  
Remind students to practice their memory work throughout the week.  
Close in prayer & dismiss.